

February 26<sup>th</sup>, 2023 – First Sunday of Lent  
26 de febrero, 2023 – Primer Domingo de Cuaresma

**Last Week's Sunday Collection:  
Colecta del Domingo Pasado:**



\$5,527.00

Thank you for your support! - Gracias por su apoyo!

***Welcome Newly Baptized***  
***Bienvenidos a los Recién Bautizados***

Jazmín Ramírez Alvarado  
Elizabeth Ramírez Alvarado  
Landon Medina Barrera  
Marley Ferreyra Gaxiola  
Juliana Elaina Kennedy



The March 5th St. Rose Pancake Breakfast is being sponsored in honor of Clay Wilson, husband of Mary Alice Wilson, St. Rose Parishioner. Breakfast will be FREE, please come!

El 5 de marzo el Desayuno de Pancakes será patrocinado en honor a Clay Wilson, esposo de Mary Alice Wilson, feligresa de St. Rose. El desayuno será GRATIS, por favor vengan!

*Are you looking for a few extra hours? The Diocese is looking for part-time bookkeepers. Please contact Lori Norcia [lnorcias@rdiocese.org](mailto:lnorcias@rdiocese.org) or call 707-566-3322 for more information.*

**Mass Intentions for the Week**  
**Intenciones de la Misa Durante la Semana**



Mass Intentions

February 27-March 5

Febrero 27- Marzo 5

Mon.	8:30 a.m.	John LaForge +
	12:10 p.m.	Little Dan Paulson +
Tues.	8:30 a.m.	Florencia Rodriguez Quiñon +
	12:10 p.m.	John LaForge +
Wed.	8:30 a.m.	John LaForge +
	12:10 p.m.	The Gomez Family – Special Intention
Thur.	8:30 a.m.	Stephen & Stephanie Brown +
	12:10 p.m.	John LaForge +
Fri.	8:30 a.m.	John LaForge +
	12:10 p.m.	
Sat.	8:30 a.m.	
	4:30 p.m.	
	6:00 p.m.	
Sun.	7:30 a.m.	
	9:00 a.m.	
	10:30 a.m.	
	12:00 p.m.	
	5:00 p.m.	PRO POPULO



**“Created in His Image”**

For more information about St. Rose Respect Life Ministry, please contact:

[respectlife.saintrose@gmail.com](mailto:respectlife.saintrose@gmail.com)

Resource of the Month: <https://www.svdP-sonoma.org>

**The Society of St. Vincent de Paul District  
Council of Sonoma County**

This independent, non-profit was founded in 1958. As one of the foremost human services organizations in Sonoma County, SVdP-Sonoma has been providing support to those suffering from hunger and poverty for more than 60 years. The agency serves anyone in need.

FOOD HOTLINE 707-584-1579

*Heartbeat International: (800) 712-HELP*

Seeking Catholic Young Adult fellowship and ways to enrich your prayer life? Join Santa Rosa's "Carlo and Chiara Catholic Young Adults" who meet for prayer, community, faith formation, food, hikes, and more! Email [castfireontheearth@gmail.com](mailto:castfireontheearth@gmail.com) and join their email newsletter. Also follow them on GroupMe/ Facebook/ Instagram @CarloandChiaraYA. For a complete list of all SF Bay Area Catholic Young Adult activities email - [thegrapevinesf@gmail.com](mailto:thegrapevinesf@gmail.com) and join their email newsletter.

*February 26<sup>th</sup>, 2023 – First Sunday of Lent*  
*26 de febrero, 2023 – Primer Domingo de Cuaresma*

Teens this summer are once again coming from all across Northern California to our Eureka Homeless Mission Outreach July 16 - 21st and our Leadership Training July 6th - 8th. More info and register via email Stephen Morris [dsyouth@srdiocese.org](mailto:dsyouth@srdiocese.org).

### **YMI Council #40 Calamari Dinner**

Saturday, March 11, 2023

Fr. Denis O'Sullivan Parish Center at  
St. Rose Church, 398 Tenth St., Santa Rosa  
Doors open at 5:30 p.m. Dinner at 6:45 p.m.

\$25.00 per person

For tickets call: Richard Schoenstein at  
(707) 892-3374

### **YMI Council #40 Cena de Calamar**

Sábado, 11 de marzo de 2023

En Nuestro Salón Parroquial  
398 Tenth St., Santa Rosa

Las puertas abren a las 5:30 p.m.

Cena a las 6:45 p.m.

\$25.00 por persona

Para boletos:

Richard Schoenstein al (707) 892-3374

◦ All Catholics are encouraged to receive Holy Eucharist frequently during Lent and to receive the Sacrament of Penance so that all may be prepared to celebrate more fully the paschal mystery. Those who have received their first Holy Communion are to receive Holy Communion during the Easter season.

### **Regulaciones Para la Cuaresma**

◦ Miércoles de Ceniza y Viernes Santo son días de ayuno y abstinencia, esto es, limitarse a una sola y completa comida y abstenerse de comer carne.

◦ Los demás Viernes de Cuaresma son días de abstinencia.

◦ Las leyes del ayuno permiten una sola comida al día pero es posible tomar algo ligero en la mañana o según se prefiera, al mediodía o la noche. Las personas en buen estado de salud entre 18 y 60 años de edad están obligadas a ayunar.

◦ Las leyes de abstinencia de comer carne obligan a los mayores de 14 años. Sin embargo es altamente recomendable que niños entre 7 a 14 años también cumplan con la práctica de la abstinencia.

◦ A todos los católicos se les recomienda recibir la Santa Comunión frecuentemente durante la cuaresma y recibir el sacramento de la Penitencia de manera que puedan estar preparados para celebrar más conscientemente el Misterio

Pascual. Aquellos que han recibido su Primera Comunión, deben recibir la Santa Comunión durante el tiempo Pascual.

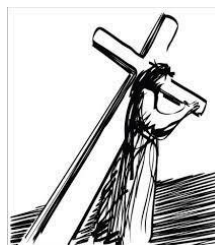
### **Lenten Regulations**

◦ Ash Wednesday and Good Friday are days of fast and abstinence, that is, limited to a single, full meal and abstinence from meat.

◦ The other Fridays of Lent are days of abstinence from meat.

◦ The law of fasting permits only one full meal a day, but it does allow the taking of some food in the morning and a second light meal at noon or in the evening, as you prefer. Persons who have completed their eighteenth year to the beginning of their sixtieth (60) year are obligated to fast.

◦ The law of abstinence from meat applies to all persons who have completed their fourteenth year of age. However, it is highly recommended that children from ages seven to fourteen years also follow the law of abstinence.



### **Stations of the Cross**

Every Friday in Lent, starting  
Friday, February 24<sup>th</sup> in the church  
5:00 p.m. in English  
7:00 p.m. in Spanish

### **Via Crucis**

Todos los viernes durante la  
cuaresma, empezando el viernes  
24 de febrero, en la iglesia,  
5:00 p.m. en ingles y  
7:00 p.m. en español